**TIS AMAZING RACE**

Let’s start the year off moving, laughing, smiling and connecting!

There are 10 challenges in total. Challenges are to be completed in order from where you started. The team to complete all 10 challenges first and cross the “finish line” in the center of the front field wins a prize!! You have 1-hour to complete the challenges. Good luck!!!

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|  | **Challenge** | **Description** | **Location/**  **Team**  **Starting**  **Point** |
| **▢** | **HOOP CIRCLE** | Let go of your team rope. Form a circle with your group and hold hands or link arms. Briefly have two people unhook their hands and put ONE hoop over their arms and then link back up. Move the hoop from the starting position around the circle by bending and twisting your body and climbing through the hoop, ultimately getting the hoop over your head and to the other side of your body. Each time the hoop returns to the person that started the challenge that is one complete circle. Your team must do 5 complete circles of the hoop, then add a 2nd hoop in the opposite direction. After 5 more circles of the two hoops add a third hoop and then a fourth hoop. When you add the fourth hoop, make sure two hoops are traveling clockwise and two are traveling counter clockwise. Once you attempt 1 full circle with all four hoops, your team can move to the next challenge. | **FRONT FIELD**  **Teams 1 & 11** |
| ▢ | **PEANUT BUTTER, JELLY TIME** | Continue holding onto your team rope. Your team must stand in a line shoulder to shoulder and connect two teammates legs to each other. These two travel to the designated end line, cross the line and return back to the start. Once back, two other teammates connect to the two who are already connected to make four. They all travel together to the designated end line, cross the line and return back to the start. This continues until all team members are connected two at a time and have travelled from one endline to the other and back. | **FRONT FIELD**  **Teams 2 & 12** |
| ▢ | **WE ARE THE TIS TIGERS!** | Continue holding onto your team rope. Find both of the TIS mascots located in the school. Take a silly picture of your team with each mascot. Once your team has completed the challenge, feel free to take a water break :) | **MAIN FLOOR**  **(inside)**  **Teams 3 & 13** |
| **▢** | **RING IT** | Choose two catchers to each hold a cone. The other members stand behind the line and each toss 5 rings. The tossers attempt to ring them around the cone the catchers are holding. Once each member has successfully tossed the 5 rings on the cone, your team can move to the next challenge. | **FRONT FIELD**  **Teams 4 & 14** |
| **▢** | **FLIPPER KICK** | One team member at a time puts on the flippers and mask, then travels to the end line and back. Upon return, the next teammate in line puts on the gear and travels. Continue until all team members have had a turn. | **FRONT FIELD**  **Teams 5 & 15** |
| **▢** | **MAGIC 15** | Your team must travel from the start line to the playing cards where one team member will choose a card. The team member will then bring the card back to the start line. Repeat the process until each team member travels to choose a card. Once each member has collected a card, use your cards, as well as, the operation cards found in one of the envelopes under the cone, to create an equation to which the answer is 15. You may add, subtract, multiply or divide the numbers, and your team has the option of eliminating two cards. | **SW MAIN FOYER (inside)**  **Teams 6 & 16** |
| **▢** | **FILL THE CUP** | Team members one at a time, fill the spoon with water, then travel to the opposite end to place the water in the cup. The challenge is to fill the cup. | **FRONT FIELD** |
| **▢** | **BLIND SIGHTED CATCH** | **CHOOSE ONE OF THE FOLLOWING:**  BLIND SIGHTED CATCH  One team member will be blindfolded and must catch 10 balls thrown by the remaining team members standing 4 meters away. All team members must take a turn throwing a ball. Once 20 balls have been caught, your team can move to the next challenge.  BLIND SIGHTED THROW  All team members but one will be blindfolded. The person who is not wearing a blindfold must catch 10 balls thrown by the remaining team members standing 4 meters away. All team members must take a turn throwing a ball. Once 20 balls have been caught, your team can move to the next challenge. | **FRONT FIELD** |
| **▢** | **NOODLE RELAY** | Line up your team in between the start and end lines approximately 1 metre apart. The team member closest to the start line, places the pool noodle between their knees, turns to the 2nd teammate who grabs the noodle with their knees. The noodle travels down the line while the 1st person continue to grab the remaining noodles off the ground. Once all noodles have reached the other end, the process is repeated until ALL noodles are back at the starting point. | **FRONT FIELD** |
| **▢** | **GUTTER BALL RACE** | Use the gutters to roll the ball from the start line into the bucket. Should the ball touch a team member’s body or fall to the floor, the entire team must return to the start and begin again. Once the ball is guided into the bucket, your team can move to the next challenge. | **MPR-1**  **(inside)** |

**READ TO STAFF IN BLACKBOX:**

Let’s start the year off moving, laughing, smiling and connecting in an Amazing Race Activity!

Please pick up your number on the way out of the Blackbox Theatre. Once you have your number, head outside to the front field, find your team number on one of the cones and meet your team! Each team will then come up with a team name AND a team cheer! Once you have your team name and cheer, grab onto your team rope and begin at your first challenge on the cone.

There are 10 challenges in total. Challenges are to be completed in order from where you started (look at your team clipboard for the order). The team to complete all 10 challenges first and cross the “finish line” together in the center of the front field will win a prize!! You have one hour to complete the challenges. Good luck and have fun!!

**MATERIALS LIST:**

* 10 large cones w/ challenge signs
* 20 Clipboards
* 20 copies of challenges
* 20 pencils/pens
* 20 Team ropes
* Prizes (back packs)

HOOP CIRCLE - ◯ 8 hoops

GUTTER BALL RACE - ◯ 2 small balls; ◯ 20 gutters; ◯ 2 small buckets or baskets

PEANUT BUTTER, JELLY TIME - ◯ 16 bandanas; ◯ cones for end lines

WE ARE THE TIS TIGERS! - Nothing needed

RING IT - ◯ 10 rings; 2 large cones; cones for end lines

FLIPPER KICK - ◯ 2 sets of flippers; ◯ 2 masks; ◯ cones for end lines

MAGIC 15 - ◯ Playing cards x 2; ◯ equation cards x 2; ◯ cones for end lines

WATER DROP - ◯ 2 large spoons; ◯ 2 buckets with water; ◯ 2 small pails or 2 large cups

BLIND SIGHTED CATCH - ◯ 20 bandanas (for blindfolds); ◯ 20 soft balls;

◯ cones for tossing and catching lines

NOODLE RELAY - ◯ 10 noodles (5 for each team); ◯ cones for end lines